Navigating Sexual Misconduct Processes

The Investigations Office (IO) recognizes that investigation and alternative resolution processes (ARP) can be complicated and stressful. Here are some resources to help you through the process.

**Respondent Support**

We encourage all parties to sexual misconduct complaints to access support throughout an investigation or ARP. Support people may attend investigation or ARP meetings or help you navigate other impacts of the IO process.

**UBC Respondent Resource Specialist**

The UBC Respondent Resource Specialist provides non-judgmental assistance to members of the UBC community who have been named as a respondent or have been reported to have caused harm under UBC's Sexual Misconduct Policy. They can provide information, support and referrals in the following areas:

- Sexual misconduct policy rights and responsibilities
- IO meeting accompaniment
- Navigating IO investigations and ARPs
- Community resources

✉️ hagar.prah@ubc.ca  ☎️ 604.841.3332

**AMS Advocacy Office**

The Alma Mater Society’s (AMS) Advocacy Office was established in 1999 to provide information and support to students facing the bureaucratic challenges and disciplinary committees of UBC. They strive to do their absolute best to provide students with information about UBC’s policies and procedures when they are in a formal conflict with the university. They offer confidential and effective support to any undergraduate and graduate student at UBC in regards to misconduct allegations and other UBC policy disputes. They can assist with:

- Sexual misconduct policy rights and responsibilities
- IO meeting accompaniment
- Navigating IO investigations and ARPs
- Community resources

✉️ advocate@ams.ubc.ca  ☎️ 604.822.2901

**Mental Health Support**

While the IO takes steps to ensure a trauma-informed process, we know that facing an allegation of sexual violence is always difficult and can have mental health impacts. We encourage you to reach out to mental health supports as needed throughout the IO process.
UBC Counselling Services

UBC Counselling Services offers same-day, single-session counselling, wellness advising, group counselling, and Indigenous-specific supports.

✉️ students.ubc.ca/health/counselling-services

604.822.3811

UBC Student Assistance Program by Aspira

The UBC Student Assistance Program (SAP) is a free, 24/7 wellness resource for students. Services include personal counselling, life coaching, group programs and more. The UBC SAP can help you with a wide range of concerns to support your mental, emotional, physical, and financial health.

✉️ students.ubc.ca/health/ubc-student-assistance-program-sap

1.833.590.1328

Here2Talk

Here2Talk is a province-wide initiative that connects post-secondary students in BC to free, confidential counselling and community referral services, available 24/7 via app, phone and web.

✉️ here2talk.ca

1.877.857.3397

Understand UBC Processes

Participating in an IO process may impact various aspects of your life as a student. UBC has resources available to help decode and navigate any UBC process, including the IO’s.

UBC Office of the Ombudsperson for Students

The UBC Office of the Ombudsperson for Students is an independent, impartial and confidential resource aimed at ensuring that students are treated fairly and can learn, work and live in a fair, equitable and respectful environment. The Ombudsperson can identify and explain relevant UBC policies, make appropriate referrals, and explore options for how to proceed.

✉️ ombudsoffice.ubc.ca

ombuds.office@ubc.ca

604.822.1588

When In Doubt – Ask The IO!

If you ever are confused, unsure about your options, or need more information, please reach out to the IO. We are committed to empowering you with all the information you need to make the best decisions for you.

✉️ io.ubc.ca

investigations.office@ubc.ca

604.827.2060